



St. Edmund's Catholic Primary School
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Headteacher: Mrs. Jackie Johnstone, B.Ed Hons
Deputy Headteacher: Mr. Patrick Kenny, BA

Dear Parent/Carer,

This term, the children in Reception and Year 1 and 2 will be discussing the NSPCC's Underwear Rule in our RHE/PSHE lessons.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse.

PANTS stands for: • Privates are private • Always remember your body belongs to you • No means no • Talk about secrets that upset you • Speak up, someone can help. The lessons will introduce a range of ideas, all delivered in a way that's fully age appropriate.

These include: • "appropriate" and "inappropriate" touching • your child's right to say no to things that make them feel upset or uncomfortable • naming parts of the body • who your child can turn to if they ever feel upset or worried.

More information about the Underwear Rule, including a short film and a parent guide can be found at nspcc.org.uk/underwearrule.

If you have any questions or concerns please don't hesitate to get in touch.

Miss Osborne

RHE/PSHE Lead

